

Harmonic Music and Its Influence on Emotions, Health, and Education

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Abstract

The article explains how harmonic music (through influencing our emotions) creates harmony in the functioning of all our organs, and harmonically functioning organs functioning in harmony means health. Based on this, harmonic music is recommended to be used in the hospitals (especially mental hospitals) to improve the patients' physical and mental balance. It was found in Bulgaria in their Experimental School with Subconscious Learning that harmonic music (used as a background) facilitated the subconscious memorizing. Based on this, harmonic music is recommended to be used as a background in all Schools for Effortless Subconscious Learning, which will be the schools of the 21st century. Since the Emotional Brain is in the Subconscious, the Subconscious is emotional, and the harmonic music by influencing the Emotional Subconscious will facilitate the effortless Subconscious learning – the learning of the 21st century.

Key words: harmonic music and emotions; harmonic music and health; harmonic music in mental hospitals; harmonic music in schools with subconscious learning.

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1. Introduction

We are emotional creatures. The fact that identical twins with the same DNA are totally different emotional personalities comes to prove to us that we are not only a material body (with its DNA), there is something more that makes us emotional. My studies of the aura showed that aura is brighter at positive emotions and dimmer at negative emotions. Since we say we are in high spirit when we experience positive emotions, and we say we are in low spirit when we experience negative emotions, I concluded that the “aura” (which means “light” in Hebrew) must be our Spirit – aura (Spirit), which is emotional. Then I found that the ancient Jewish Cabala was teaching to High Priests that the aura was our Spirit, which confirmed my conclusion [1].

2. Music Steer Emotions and the Emotions Influence Our Health

Thus, we are material body and emotional Spirit (seen as aura), which makes us emotional and sensitive to colors and sounds. “From the top of the head to the anus, the human body is as a sound box” [1]. The seat of the “la” sound is the anus. The seat of the “ma” sound is the heart. From here comes the word “mama”, which is the same in many languages. Sound is vibration and vibration stimulates. When a leg turns numb, we are shaking it (by creating vibrations) to restore the lost sensation. The sound is vibration, which vibrates all organs and glands of internal secretion, and increases the energy flow to them. Different sounds have different effect on the body - groaning stimulates the anus, laughter stimulates the thymus [1]. Since the thymus produces the T-cells, which defend the body against viruses, people that laugh a lot are healthier, and so on. But there is more to it.

I found that the emotional Spirit is nonlinear electromagnetic field (NEMF2), which is magnetically attached to the NEMF1 of our material body (every material body is a material body and wave (NEMF1) [2], which explains why the particles sometimes behave like particles and sometimes like waves). All nonlinear fields have chains of alternating vortices (spinning clockwise) and anti-vortices (spinning counterclockwise) and our nonlinear field $NEMF = NEMF1$ (material body) + NEMF2 (emotional Spirit) has alternating vortices and anti-vortices along the backbone (Fig. 1). In ancient text they are called “chakras”, which means “spinning wheel” in Sanskrit. They are numbered from bottom to top (Fig. 1). About the sensitivity of the chakras of our aura (Spirit) to sounds and color, see my book [3].

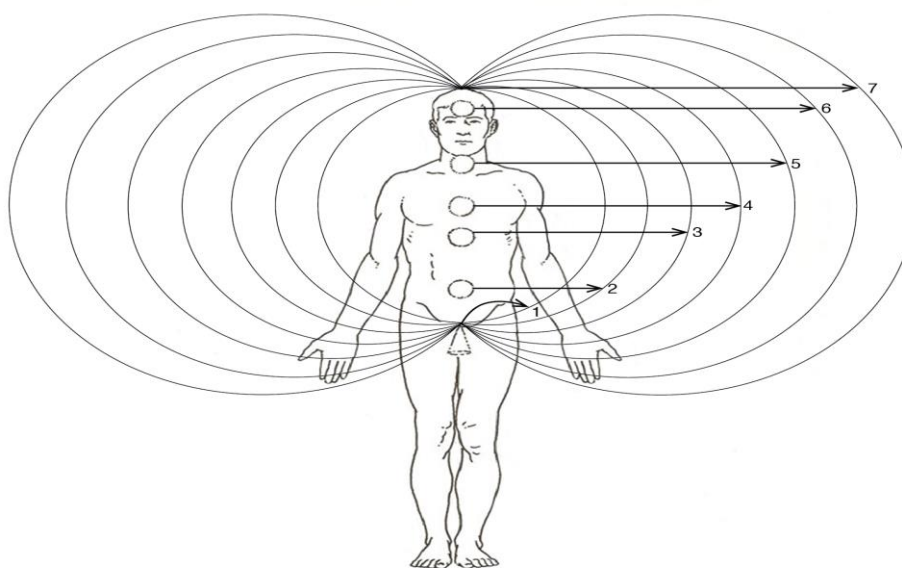


Fig. 1

The chain of alternating vortices (spinning clockwise) and anti-vortices (spinning counterclockwise) along the backbone (called chakras) and their corresponding energy levels

Music steer emotions. The HeartMath Institute in California found that the emotion of Love creates harmony – meditation on Love makes more harmonic: 1/ the brain waves (measured with EEG), 2/ the heart waves (measured with ECG), and 3/ the breathing [4]. Harmonic music creates harmony just like Love does. And harmonically functioning organs, functioning in harmony, means health. And there is another aspect of music influence. Our aura (Spirit) is nonlinear field (NEMF) and all nonlinear fields do not dissipate and can imprint information. The ability of our aura (Spirit) to memorize plays essential role in enjoying music. When the same combination of melodic sounds (music) is played the next time, it creates the pleasant sensation (positive emotion) that we know already this combination of sounds.

3. Emotions (and Even Way of Thinking) Determine Our Health

Thus, we are a material body (with its NEMF1) and emotional Spirit (with its NEMF2, which is 1,000 times weaker than the field of the material body NEMF1). So, to be able to measure the weak NEMF2 of the Spirit, I had to create a very sensitive equipment, and I did. With it, I found that: 1/ not only positive emotions, just positive thinking improves our energy balance, i.e. makes us healthier; 2/ not only negative emotions, just negative thinking makes the energy balance worse because the energy of the genetically-inherited weak organ drops in energy maximum. This means that with time negative emotions (or just negative thinking) will lead to a disease of the genetically-inherited weak organ. The result of these measurements can be seen on Fig. 2 [5].

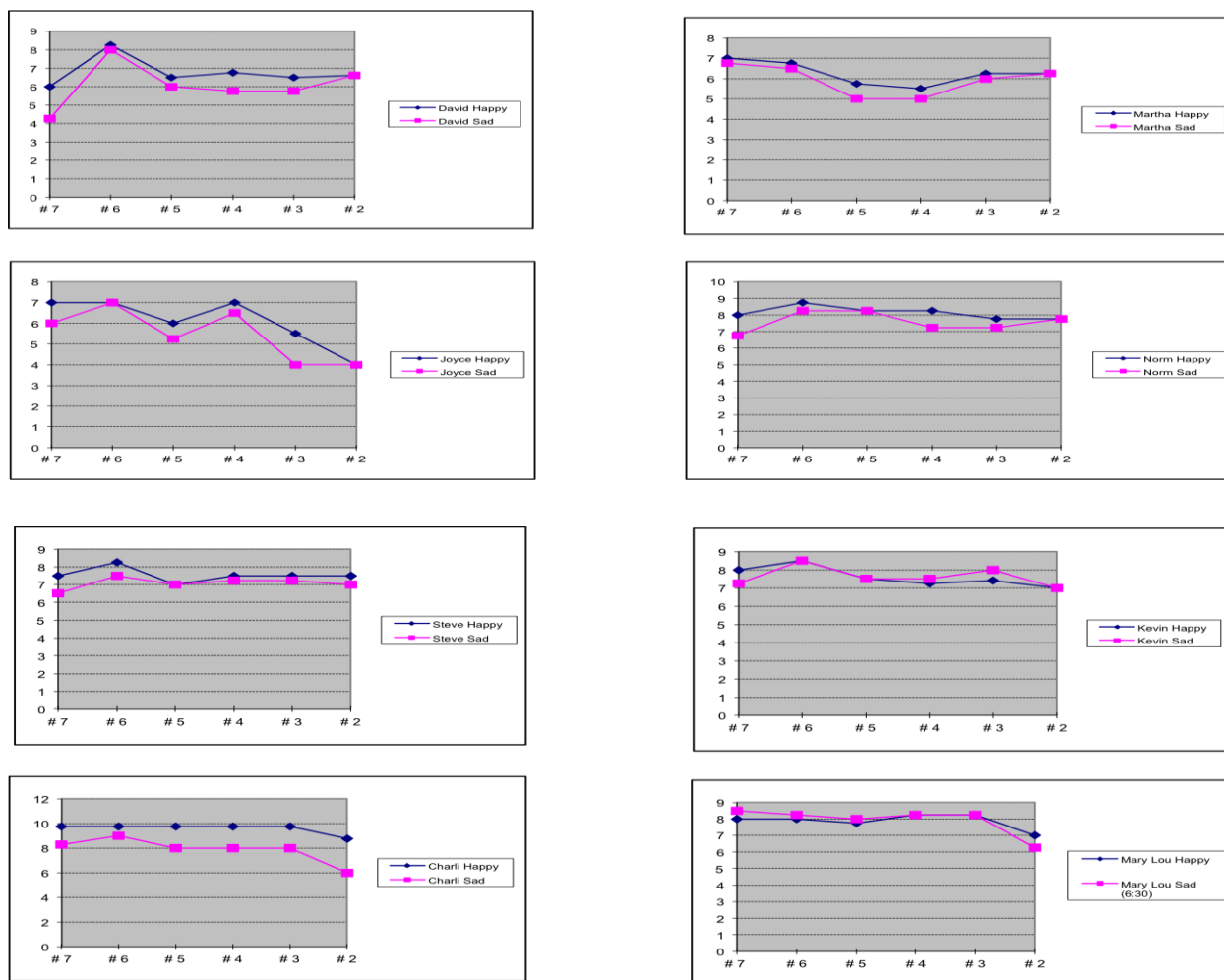


Fig. 2

The energy of the happy individual is more balanced and the individual is healthy (upper curves) and the energy of the unhappy individual is more unbalanced and the individual is unhealthy (lower curves) (the measurements are done at the chakras on Fig. 1).

4. Harmonic Music in Our Hospitals for Cure

If the vibrations of harmonic music create harmony (just like Love does) and make the organs to work harmoniously and in harmony (which means health), we can use harmonic music in our hospitals for cure. The success of treatment with harmonic music (especially in the mental hospitals) is guaranteed by the fact that the Hawaiians treat successfully violent mentally sick by sending them Love from a distance (it is called hooponopono) [6]. Considering the fact that mentally sick are usually the people that don't feel loved, it becomes understandable why violent mentally sick can be helped by sending them Love from a distance. Love creates harmonic vibrations and the harmonic vibrations of harmonic music can do the same. Then why do we not use harmonic music in our mental hospitals to balance the mentally sick?

If our society does not use music for cure, it is probably because our science continues to deny the obvious fact that we are emotional and claims that we are only material body. (But strangely enough, our science acknowledges the fact that the stress of life (negative emotions) causes diseases). Indeed, there should be something that makes identical twins with the same DNA different and this something is the emotional Spirit (seen as aura). Embryo cannot develop until the emotional Spirit is there to say what kind of emotional personality the future individual is going to be. If so, the fight for freedom to abort an embryo in the US does not make sense because it is really a fight for freedom to kill your future child. If you don't want more children don't have sex. We were granted the please of sex to recreate (not to get extinct), but we should not play with the sexual fire for pleasure. Obviously, the US citizens are not mature enough to comprehend this.

5. Harmonic Music in Our Schools with Subconscious Learning to Facilitate Memorizing

More than 50 years ago, in the country of Bulgaria, Dr. Lasarov was the first to create courses for effortless learning of foreign languages during sleep with tape recorder playing the foreign language. Suggestopedia Institute was created to explain how this works - it was Subconscious Learning. The Institute created Experimental School with Subconscious Learning. The Institute found that having harmonic music on the background facilitate memorizing. Also, the teachers were chosen in a special way – to love their teaching job and to love kids. The teachers were also taught how to meditate on Love and expected to meditate on Love one hour every day. Why is Love so important? – because Love creates harmony [4] and probably harmonic music facilitate memorizing by inducing harmony. The school was very successful regardless that the Suggestopedia Institute couldn't quite explain how it works.

Now when we started building Quantum Computers working with informational fields, we are closer to understanding how the subconscious leaning works. The fact that hypnotized people calculate at least 10,000 times faster proves that we have in the Subconscious more powerful computer than our Conscious Computer. Since the Quantum Computers (which we recently created) are much faster than the Digital Computers, we must have in the Subconscious a Quantum Computer. Since the Quantum Computers operate with informational fields, our Subconscious Quantum Computer must operate with the waves of the informational field of the Spirit, which being NEMF (nonlinear), cannot dissipate and can imprint information as all nonlinear fields do.

The Spirit was put in the Subconscious to give us freedom of choice – to believe in the existence of Creator or not. The fact that the Spirit is emotional (and makes us emotional), explains why our Emotional Brain is in the Subconscious, and why our Quantum Computer (working with the waves of the Emotional Spirit) is in the Subconscious. This Quantum Supercomputer is the source of: 1/ our Intuitive creativity (which only strong positive emotions activate), 2/ our telepathic ability (which is a resonance of the Quantum Computers of two individuals), and 3/ clairvoyance ability to predict the future and see the past, which are quantum jumps to the future and the past of the Quantum Computer.

However, wisely the access to the powerful Quantum Computer was limited to only highly Spiritual people with high frequency of their Spirit (400 – 800 Hz) [6], who meet some moral criteria (being loving, forgiving, and helping others). Only they have access to the powerful Quantum Computer and the health effect of harmonic music on them will be maximal because they are more emotionally sensitive. Unfortunately, 90 % of the people living on Earth are young Spirits with frequency of their Spirit 200 Hz [7]. These are the people denying the effect of music and denying the existence of telepathy and clairvoyance because they have never experienced them.

6. Conclusion

Thus, harmonic music influences positively our health: 1/ by its effect on our emotional aura (Spirit) NEMF, and 2/ by vibrating harmonically our organs. If so, harmonic music can be used in our hospitals (especially the mental hospital) for improving the mental and physical balance of the patients. Harmonic music (used as a background) could facilitate the memorizing in the Schools with Effortless Subconscious Learning, which are going to be the schools of the 21st century.

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